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# Mid-Holocene regional reorganization of climate variability

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## Abstract

We integrate 130 globally distributed proxy time series to refine the understanding of climate variability during the Holocene. Cyclic anomalies and temporal trends in periodicity from the Lower to the Upper Holocene are extracted by combining Lomb-Scargle Fourier-transformed spectra with bootstrapping. Results were cross-checked by counting events in the time series. Main outcomes are: First, the propensity of the climate system to fluctuations is a region specific property. Many records of adjacent sites reveal a similar change in variability although they belong to different proxy types (e.g.,  $\delta^{18}\text{O}$ , lithic composition). Secondly, at most sites, irreversible change occurred in the Mid-Holocene. We suggest that altered ocean circulation together with slightly modified coupling intensity between regional climate subsystems around the 5.5 kyr BP event (termination of the African Humid Period) were responsible for the shift. Fluctuations especially intensified along a pan-American corridor. This may have led to an unequal crisis probability for early human civilizations in the Old and New World. Our study did not produce evidence for millennial scale cyclicity in some solar activity proxies for the Upper Holocene, nor for a privileged role of the prominent 250, 550, 900 and 1450 yr cycles. This lack of global periodicities corroborates the regional character of climate variability.

## 1 Introduction

There was hardly any period in Earth's history that experienced more stability in the climate system than did the Holocene. According to Richerson et al. (2001), even the onset of human civilizations is owed to the lack of large climate fluctuations, since change was the constant rule for all preceding glacial as well as interglacial periods within the Quaternary. The notion of a stable Holocene climate has been, meanwhile, questioned by many researchers (e.g. Fairbridge and Hillaire-Marcel, 1977; Bond et al., 1997c; Mayewski et al., 2004). Refined accuracy of paleorecords and of noise reduc-

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tion methods has disclosed a series of distinct shifts from most proxies for the last 11,500 years (Barber et al., 2004; Kim et al., 2007). These shifts attract further attention for at least four reasons.

1. Disruptions have – with the exceptions of the Saharan desertification at 5500 yr BP (Claussen et al., 1999) and the 8.2 kyr event (Renssen et al., 2001) – not yet been reproduced by numerical modeling. Mechanistic understanding of the complex interplay between ice, ocean, atmosphere and vegetation bundled in regional climate sub-systems is far from being complete (Steig, 1999).
2. We also still lack knowledge about the spatial extension of prominent disruptions (deMenocal et al., 2000b; Sirocko, 2003; Mayewski et al., 2004). So far, only the work of Rimbu et al. (2004) based on 18 records of alkenone sea surface temperature worldwide revealed consistent regional differences of climate variability.
3. Holocene climate fluctuations define the range of natural variability to which the signatures of anthropogenic interference with the Earth system should be compared (von Storch et al., 2004; Moberg et al., 2005). Attribution and analysis of past shifts is pivotal for assessing ongoing changes, as well as reproduction of recorded natural variability (of the Holocene) by models is a prerequisite for simulating future climates (in the Anthropocene).
4. Another motivation to seek for past, but not too remote alterations, especially in regional temperature or moisture is the “breeding” role of the Holocene for civilizations. While its stability has been claimed to be responsible for their rising, instabilities are first candidates for explaining their collapses. This idea is reflected by numerous studies where individual outbreaks in proxy time series have been correlated with eclipses of ancient empires (Fagan, 1999; Anderson, 2001; deMenocal, 2001; Binford, 2001). Provoked by the simplicity of this approach, a large group of historical scientists dislike such intrusion by geoscience into their discipline (Erickson, 1999; Coombes and Barber, 2005).

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Fragmented (model) knowledge and controversy are hence characterizing both the effects as well as causes of singular Holocene climate shifts. Evidence for the nearly regular cyclicity of events, however, seems to be firm. Predominant modes of punctuated disruptions on millennial time scales have since long been identified (e.g. Fairbridge and Hillaire-Marcel, 1977). For the North Atlantic, the 1450 yr periodicity was proposed by Bond et al. (1997c), and is relevant in tropical regions as well (deMenocal et al., 2000b; Thompson et al., 2003b). On the centennial time scale, recurrent climate anomalies were detected by McDermott et al. (2001) or Sarinthein et al. (2003b). Often, an external trigger was suspected behind the quasi-cyclicity – above all variations of solar activity (e.g., Hodell et al., 2001c; Bond et al., 2001c).

Spectral analysis can indicate system properties of the global climate (like stability, turn-over times, regularity of modes) and helps to identify active teleconnections which are generated by the coupling of sub-systems and their feed-backs. If extended to external forcings, analysis in the frequency domain will shed light on the possible origin of shifts. Sensitivity to variable forcing can, for example, be estimated using the quantitative relationship of spectral intensities (Debret et al., 2007). We here provide such a reconstruction of the spectral behavior inherent to climate proxy time series with global coverage and for the entire Holocene. Former data reviews were mostly centered around an eventual synchronicity or spatial intensity of shifts (e.g. Mayewski et al., 2004; Seppä et al., 2007), while spectral synthesis studies cover either a single climate zone or a shorter interval within the Holocene (e.g. Morrill et al., 2003; Moberg et al., 2005).

Here, a spectral analysis technique is introduced that is adapted to unravel the temporal wax and wane of dominant fluctuation modes. Operating with this tool on a global set of proxy time series, we not only aim to address the question of how quasi-cyclic modes were distributed worldwide and which factors could be tentatively claimed being responsible for them. Acknowledging the observation that millennial as well as centennial modes are discontinuous or even missing in a number of high-resolution records (e.g. Noren et al., 2002b; Moberg et al., 2005), our study focuses on temporal and spa-

tial trends in the intensity of climate fluctuation modes. The study of variability trends in time and space reflects in particular the questions: Has the climate system of the Holocene continuously stayed in a unique state? Does its stability (*sensu* retaining of large shifts) as well as instability (disposition to minor fluctuations) reflect a global property or distinct regional features?

## 2 Selection of proxy data

In total 130 long-term high-resolution time series obtained at 109 globally distributed sites were collected from existing literature. Due to low sedimentation rate resulting in coarse temporal resolution, open ocean locations are underrepresented with respect to coasts and land masses (Fig. 1). 77% of the records have temporal resolution better than 100 yr and 80% span more than 9000 yr within the period 12 kyr BP to the present (see Table 1 and 2). 68 data sets are accessible from one of the Publishing Network for Geoscientific & Environmental Data (PANGAEA, [www.pangea.de](http://www.pangea.de)) or the National Climate Data Center (NOAA NCDC, [www.ncdc.noaa.gov](http://www.ncdc.noaa.gov)). The remaining time series were digitized with an error of less than 2% from original publications.

We chose to analyze time series based on quantities that serve as proxies for temperature, effective moisture (i.e. precipitation – evaporation), and rarely also wind regime, not unlike Mayewski et al. (2004). Records were excluded which involve more complex relationships to climate, such as productivity or stable carbon isotopes. The types of records are broadly categorized in Table 1 into (1) isotope fractionation, mostly  $\delta^{18}\text{O}$ , (2) lithic composition, and (3) relative species abundance (tree pollen or algae). In addition, solar activity was inferred from  $^{10}\text{Be}$  abundance and  $^{14}\text{C}$  flux (Bond et al., 2001c).

### 2.1 Lomb-Scargle spectral analysis

We employ a spectral analysis since this approach is not sensitive against possible absolute dating errors. Spectral information can be interpreted independently from the different and sometimes uncertain correlations of individual variables with the climate state (like for isotope fractionation in ice cores, lake or marine sediments, or pollen composition) what allows to use a broader spectrum of proxy types. If one is in particular interested in the temporal change of power spectra, wavelet transformation is usually the method of choice (Moy et al., 2002; Moberg et al., 2005). However, wavelets require evenly sampled time-series, while time sequences of proxy records are mostly irregular. To avoid the introduction of a spectral bias by interpolation and, in addition, to make the method also applicable to records with relatively few samples, we base our approach on the procedure suggested by Schulz and Mudelsee (2002).

This means to employ a Lomb-Scargle Fourier transform followed by a bias correction with correction factor obtained from a theoretical red-noise spectrum which, in turn, is rooted on a Monte-Carlo ensemble of 1000 first order autoregressive processes. We use version 3.5 of the software package REDFIT ([www.ncdc.noaa.gov/paleo/softlib/redfit/redfit.html](http://www.ncdc.noaa.gov/paleo/softlib/redfit/redfit.html)) with parameters ofac=4, hifac=0 and two Welch windows with an overlap of 50%, and assume a 95% confidence level for identifying significant spectral anomalies. For time series with a small fraction ( $n$ ) of data points in each Welch window, we follow the recommendation by Thomson (1990) and take  $1 - 1/n$  as the threshold for significance.

Acknowledging the notion of a globally visible Mid-Holocene climatic change (e.g. Steig, 1999; Morrill et al., 2003) we split the time series into two overlapping intervals; these intervals (12–5.5 kyr BP and 6.5–0 kyr BP) will be referred to as Lower and Upper Holocene, respectively. The initial age 12kyr BP compromises between the different starting points of the time-series which in some cases reflect the globally asynchronous onset of the Holocene. The exact choice of the starting age, however, was not found to be critical for our analysis.

In order to diagnose the change in spectral intensity from Lower to Upper Holocene we employ a selective bootstrap. Randomly chosen data points were substituted with also randomly chosen values from the same part (Lower/Upper Holocene). Subsequently, the spectrum is examined for changes in significance. We obtained good results for 5000 realizations with substitution fraction of 33% for each time series. From this we statistically identified local long-term changes in the variability signal. Either for the entire spectrum or for a frequency window we checked whether its spectral significance is sensitive to bootstrapping. If a mode loses significance by bootstrapping in the upper interval, but endures changes in the lower part, this corresponds to a positive change in cyclicity (periodic signal originates from the Upper Holocene part of the time-series). The opposite behavior (sensitivity in bootstrapping the lower and robustness in the upper time interval) is attributed to a negative temporal trend.

Spatial clustering of locations is performed by radially extrapolating the peak intensity  $I$  from each record location with exponential decrease ( $I \cdot \exp(-r/1500 \text{ km})$ ). Peak intensity is a binary measure with  $I=1$  if at site  $i$  the sum of all available local proxy information significantly indicates the presence/increase of frequencies, and  $I=-1$  for negative trends.

## 2.2 Non-cyclic event frequency

The analysis in the frequency domain is cross-checked by a simple counting method relying on a straightforward definition of climate events. After removal of the 2 kyr running mean, the time series are normalized by their standard deviation. Frequency peaks are considered as a distinct event if (1) they exceed a threshold  $p_a$  and (2) are separated by a zero-line crossing to the preceding event. By using in parallel a vector of thresholds  $p_a = 1.5^{-1,0,1,2}$  the method is made robust with respect to the choice of  $p_a$ . The non-cyclic event frequency is calculated as the average number of events for different thresholds  $p_a$ , divided by the length of the time period.

## 3 Results

### 3.1 Mid-Holocene change in climate modes

The way how changes in the spectral intensity are detected by our method is visualized in Fig. 2 for three selected records, i.e. temperature reconstruction for Southeast Europe,  $\delta^{18}\text{O}$  at Sajama, Bolivia, and solar activity from Greenland ice cores. Only those frequency peaks that are with 95% probability not compatible with red noise mark a significant mode. Random displacement of proxy values in one half of the Holocene dampens some of those modes, as, for example, obvious for the 1/340 yr cycles in Southeast Europe temperature during the Upper Holocene. For isotopic oxygen at Sajama, spectral changes are manifold. The 1/900 yr mode vanishes when either of the two halves is distorted by bootstrapping, and the two prominent centennial cycles (1/250 yr, 1/200 yr) appear in the Upper Holocene only. In this period, the well known 1000 yr mode of solar activity turns out to be absent. Just by visual inspection, one could suspect its presence in the Lower Holocene according to the relatively high spectral intensity, the value of which, however, is below the critical threshold for significance.

Apart from the three example records, we detected in all 130 time series 223 significant modes in the spectral interval between 1/200 yr and 1/1800 yr (see also Fig. 3). When contrasting Lower with Upper Holocene, 62 of these peaks gain significance while 24 lose it. We also checked for prominent frequencies: neither the presence of modes nor their changes did accumulate in particular spectral windows. Instead, we found a relatively flat histogram of significant frequency bands (Fig. 3).

### 3.2 Regional clustering of spectral properties

Only a minority of sites reveal significant modes in the Lower Holocene. After applying the clustering algorithm, absence of oscillations is globally the norm except for small regions in the North Atlantic (tropical western and northern parts), East Africa and Antarctica (red areas in Fig. 4). In the Upper Holocene, North Atlantic and in

particular eastern American sites with dominant modes build large regional clusters. The global distribution of locations with changes in spectral modes displayed in Fig. 5 demonstrates that these are remarkably homogeneous within these regional clusters. Clusters are generally made out of about 4–9 sites with independent proxy records which, in their large majority, exhibit the same spectral trend.

Obviously, damping or amplification of a climate fluctuation mode is only modestly affected by the heterogeneous quality of records, inherent random noise or other local phenomena. The spectral differences between the two selected temperature related records shown above, i.e. for Southeast Europe and Bolivia, can therefore be extrapolated to collections of large areas at sub-continental scale. Like for the two centennial cycles at Sajama, new modes appear during the Mid-Holocene in North and entire South-West America, East and North Atlantic and East Asia. Contrary, climate fluctuations fade out in eastern South America/West Atlantic, the Arctic, East Africa and, to some extent also South-East Asia.

The spatial organization of clusters persist after mapping the change for two frequency sub-domains. In Fig. 6, Mid-Holocene trends separated according centennial and millennial cycles still occur in great spatial uniformity. Since the total band-width is higher for all centennial modes, their global trend pattern also largely resemble the one for the entire frequency band (1/200 yr–1/1800 yr), with the exception that the disappearance of regular climate shifts in the East Atlantic is less pronounced. The clustering in Fig. 5 as well as the differentiated spectral map (Fig. 6) reveal a clear longitudinal pattern. For example, nearly all East Pacific sites become more oscillatory while the contrary happened for the entire Southwest Atlantic. Overall, cycles with periods smaller than 850 yr are more likely to be enhanced in the Upper Holocene compared to millennial modes.

### 3.3 Cross-validation with trends in non-cyclic event frequency

Our second indicator for the spatio-temporal organization of climate variability which is the density change in non-cyclic events from the first to the second half of the Holocene,

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turns out to be spatially coherent as well (Fig. 7). Though, the longitudinal separation for non-cyclic frequency change is differently oriented compared to the Lomb-Scargle derived trends in Fig. 5. Abundance of climatic shifts is, for example, decreasing in East Asia where due to the spectral picture one would expect an increase. However, the pronounced Mid-Holocene enhancement of climate variability in a Pan-American corridor is equally reproduced, and the increase in periodic spectral power in the East Atlantic corridor is corroborated for the southern part. The analysis of non-cyclic events also confirms spatial patterns in centennial spectral trends (Fig. 6, left).

## 4 Spectral divorce at Mid-Holocene

From the literature on Holocene climate variability one could expect that at least four frequencies play a privileged role in our spectral analysis. The two millennial scale oscillations which comprise the 900 yr periodicity extracted in the GISP2  $\delta^{18}\text{O}$  records by Schulz and Paul (2002); Rimbu et al. (2004) and the classical 1450 yr period (e.g. O'Brien et al., 1995) are points of reference for many paleo-proxy studies. In addition, a 320 yr and a 550 yr cycle have been repeatedly observed in proxy records as well as output of general circulation models (GCM) with reduced complexity (Weijer and Dijkstra, 2003; Weber et al., 2004; Te Raa and Dijkstra, 2003). However, none of the four modes arose more prominently than others within our global study. The most robust result, instead, derives from an apparent non-stationary of regular climate oscillations. Only about 10% of spectral peaks are stable, i.e. found over the entire period as well as after partial bootstrapping. This substantiates our hypothesis that around the 5.5 kyr event (termination of the African Humid Period) the climate system may have undergone an irreversible re-organization. So far, non-stationary variability has only been reported for regional systems, like the Southern Pacific with its decadal to centennial cyclicity related to the El Niño Southern Oscillation (ENSO, Moy et al., 2002). Previous review studies, however, weren't aware of the global dimension of the re-organization between Lower and Upper Holocene. One reason for this may be the

reference character of Greenland and the North Atlantic. Records from this area show persistent millennial cycles (Bond et al., 1997c), in contrast to nearly all other locations around the globe. There, a temporal switch of modes is more often found than their persistence.

5 A second major outcome of our study is the regional uniformity of temporal trends. Although coverage of many regions is yet much below a value that allows for statistically firm conclusions, the similar, albeit not equal, global distribution of changes in periodic (Fig. 5 as well as non-periodic (Fig. 7) modes and the consistent clustering of adjacent sites which, in general, comprise different proxy types, should be taken  
10 as a strong indication for a regionalization of variability modes. Equal trends are even more homogeneously clustered for non-periodic climate variability. They remarkably differ from cyclic trends in Eurasia. Nevertheless, all modes (centennial, millennial and non-cyclic) intensified during the Holocene in a longitudinal zone crossing the Peruvian upwelling area and North-east America. A counterexample, though, against spatial uni-  
15 formity is evident through the scatter of modal trends within the East Asian monsoon system. This may be due to its internal complexity and various active teleconnections to which the monsoon is sensitive. For example, it has been speculated that the atmospheric connection between the western Asian monsoon and the thermohaline circulation (THC) in the North Atlantic decreased in intensity from the Lower to the Up-  
20 per Holocene (Morrill et al., 2003). This might explain a reduced correlation between trends in millennial and non-cyclic modes in the two climate sub-systems observed in our study.

## 5 Possible mechanisms for variability changes

In face of the fragmented understanding of the mechanisms producing climate shifts  
25 or quasi-cyclic fluctuations during the Holocene, it seems premature to ask for what may have caused their temporal change or their regional organization. We here only briefly discuss the possible role of ocean and atmospheric circulation, and of external

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forcings.

The sun's influence on Holocene climate variability has been deduced from the synchronicity of climate anomalies and variations in solar activity (e.g. Bond et al., 2001c; Hodell et al., 2001c). Our analysis includes records of cosmogenic nuclide production  
5 ( $^{10}\text{Be}$  and  $^{14}\text{C}$  flux) as well as reconstructed sunspot number of ?, and shows persistence of the 208 yr Suess cycle together with a damping of millennial modes after 6 kyr BP (Fig. 2 and yellow sun in Figs. 5–6). A recent analysis of the sunspot number power spectrum (Dima and Lohmann, 2005) identified periods of 6,500, 2,500, 950 and 550 yr. Debret et al. (2007) already questioned the hypothesis of Bond et al. (2001a)  
10 that the 1500 yr cycles are due to variations in solar activity. Still, the possibility of solar variability being amplified by oceanic feedbacks can not be entirely excluded (Renssen et al., 2006).

Central in the literature discussion is the THC, which is connected to North Atlantic deep water formation. The THC is commonly considered the primary process for the  
15 generation of climate fluctuations on interdecadal or centennial (Broecker et al., 1985) as well as millennial time scales (Stocker et al., 1992; Weijer and Dijkstra, 2003). Schulz and Paul (2002), however, questioned its connection with the prominent 1450 yr oscillation. The Iceland–Scotland overflow water is an important component of the thermohaline circulation. Its record contains dominant periodicities of 1,400 and 700 years  
20 associated with THC variations over the Holocene (Bianchi and McCave, 1999). It is conceivable that ocean circulation changes, like those of the Atlantic multidecadal oscillations, modulate SST variability in the North Atlantic basin on centennial and longer timescales. Particular THC variations are detected for the Mid-Holocene in the ocean circulation through hydrographic changes (Rühlemann et al., 2004), which were more  
25 pronounced in the early Holocene (Kim et al., 2007).

To understand the atmospheric circulations related to Holocene variability, one can look for analogous patterns during the instrumental period. This procedure was used to explore the physical processes producing SST patterns and thereby to understand recorded Holocene SST changes (Marchal et al., 2002; Rimbu et al., 2004; Lorenz

et al., 2006). The spatial pattern of Northern Hemisphere SST reconstructions for the Holocene emphasizes a North Atlantic Oscillation trend towards its negative phase, a feature which can be reproduced by a coupled climate model (Lorenz and Lohmann, 2004). This trend is overlaid by 2,400 and 900 yr cycles (Rimbu et al., 2004), consistent with other proxy data sets and solar variation.

Other mechanisms behind temporally changing modes include (1) high frequency “noise” (2) low frequency orbital forcing, and (3) particular events. The Pacific decadal oscillation and the El Niño-Southern Oscillation (ENSO) show long-term enhancement (Moy et al., 2002; Rimbu et al., 2004). The origin of high frequency fluctuations is controversially discussed but a combination of nonlinear oceanographic interactions in the tropical Pacific and orbital forcing well fits into model-based and instrumental evidence (Clement et al., 1999; Loubere et al., 2003). These fluctuations may have activated multicentennial modes (Simmonds and Walland, 1998). Phase transitions in climate sub-systems could also be triggered by a slow change in insolation. Given the wider distribution of millennial modes after the cessation of oscillations in solar activity at 6 kyr BP, we suggest that the Mid-Holocene reversal of insolation change differently affected regional subsystems. As a result, oceanic or atmospheric teleconnections between subsystems could have weakened or strengthened. Such shifts were possibly mediated by dislocations of convergence zones or trade winds, thereby modifying the damping and amplification forces of modes (Lohmann and Lorenz, 2007).

Intensification of ENSO in the Mid-Holocene, with a progressive increase in frequency to periodicities of 2 to 8.5 years, is believed to mark the onset of modern-day precipitation patterns in low-latitude regions (Rodbell et al., 1999). Analysis of archives in northern Africa indicate strong reductions in tropical trees and Sahelian grassland cover, which allowed large-scale dust mobilization after 4300 yr BP (Kropelin et al., 2008). Haug et al. (2001) found a large transition (in the frequency space) at Cariaco Basin ~3800 years ago indicative for tropical reorganization of the hydrological cycle. Similar millennial-scale hydrologic variability is reported at other locations (Koutavas et al., 2002; Ekdahl et al., 2005).

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Most of the transitions overstress the capabilities of concurrent climate models, but it is useful to compare the induced variability with internal oscillatory modes (without external trigger) which are seen in models of reduced complexity (Mikolajewicz and Maier-Reimer, 1990; Weijer and Dijkstra, 2003). Model perturbation experiments reveal eigenmodes on millennial time scales. These modes are generated by the advection of buoyancy anomalies around the overturning loop, both in a single-hemispheric basin leading to centennial modes or throughout the global ocean responsible for millennial cycles. The most negative eigenvalues (strongest damping) was found for centennial oscillations (Weijer and Dijkstra, 2003; Te Raa and Dijkstra, 2003). However, such modes could be activated if fluctuations in radiative energy input are included into simulation studies (Weber et al., 2004).

## 6 Consequences for cultural development?

The evidence that climate variability was not uniformly distributed over the globe, gains a new aspect to the dispute of whether or how Holocene climate affected the development of human societies. We propose that frequency of climate changes rather than average characteristics made an effective difference between inhabited world regions. In particular cultures situated in the Pan-American corridor have seen a significant rise in event frequency by about two additional disruptions more per millenium after 6 kyr BP. It is well imaginable that increased climate variability meant an elevated stress for early American societies. Repeated cultural discontinuities go well beyond the effects of singular events. In western Asia, like in many other world regions, the probability of climatic shifts (also visible as centennial modes) declined over the Holocene. Ancient civilizations in the Near East or later in southern Europe were challenged by abrupt climatic changes and resulting subsistence crises with much lower frequency. In his Pulitzer price winning work, J. Diamond related the lagged development between Old and New World before the colonization era to differences in biodiversity determined by the geographical orientation of the Americas with respect to Eurasia (Diamond,

1999). We here suggest that climate variability should be taken into consideration in these conceptual approaches and also in quantitative approaches to simulating the effect of climate on human prehistory (e.g., Wirtz and Lemmen, 2003).

## 7 Conclusions

5 Our analysis substantiates two hypotheses. First, the propensity of the climate system to amplify external fluctuations or to endogenously generate them is not a global property, but differs among regions. Secondly, most regional propensities underwent a irreversible change during the Mid-Holocene. Fluctuations especially intensified along a Pan-American corridor. This eventually led to an unequal probability of crisis for early human civilizations in the Old and New World.

10 Our study did not produce evidence for millennial scale cyclicity in solar activity proxies for the Upper Holocene, nor for a privileged role of the prominent 250, 550, 900 and 1450 yr cycles. This finding corroborates the regional nature of climate variability. It seems likely that altered ocean circulation together with slightly modified coupling intensity between subsystems (regional interplay of ice, ocean, atmosphere and vegetation) after the 5.5 kyr BP event made these subsystems either more or less prone to oscillations. The discussion of possible mechanisms behind changed climate variability, however, has to be substantiated by future modelling studies.

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**Table 1.** Proxy variables used in this study.

Proxy type	Description
Isotopic oxygen fractionation $\delta^{18}\text{O}$	The interpretation of isotopic fractionation of oxygen ( $\delta^{18}\text{O}$ ) highly depends on geographic location, environmental setting, and type of record. $\delta^{18}\text{O}$ variations in Andean glaciers and polar ice caps represent temperature. Measured in biologic deposits from closed water bodies, $\delta^{18}\text{O}$ usually indicates changes in the water balance, and thus effective moisture. However, the signal cannot be separated from temperature effects during times when the lake system is open. Speleothem $\delta^{18}\text{O}$ records the amount and composition of cave water, mostly during the wet season, and may also be influenced by temperature and above-cave lithology.
<i>Lithic composition</i> Mg/Ca, Charcoal, Clay, Bulk dens., Lightness, Grayscale, HSG, Lithic grains, GSD, LOI	The ratio between Mg and Ca relates to salinity (from calcium precipitation and Mg dissolution) or inorganic material input (magnesium from weathering). Wick et al. (2003b) interpret the variable Mg at constant Ca in a closed lake as changes in effective moisture, similar to the Sr/Ca ratio in ostracod shells (Ricketts et al., 2001). Grayscale density (GSD) and loss on ignition (LOI) quantify the inflow of inorganic versus organic matter. From this, cold/humid and warm/dry climates can be identified but the temperature signal not separated from precipitation. The shape of grains indicates the transport process: rounded quartz grains with frequent silica coating point to aeolian import pointing to dry phases in the origin region (Stanley and Deckker, 2002b). Coarse sediment layer with low organic content and many terrestrial plant macrofossils have been used by Noren et al. (2002b) to find exceptional runoff events and thus storminess. Occurrence of allochthonous hematite-stained grains (HSG) and Icelandic glass points to ice-rafting as a consequence of increased glacier calving (e.g. Bond et al., 2001c); The preservation status of aragonite at intermediate measures the bottom-water corrosiveness, and is therefore indicative for changes in the THC.

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**Table 1.** Continued.

Proxy type	Description
<i>Species composition</i> Pollen, Radiolaria, % Diatoms	Relative abundance of algal species is related to stratification and mixed layer depth and, thus, to the factor controlling both variables such as trade wind strength or freshwater increase. Pollen spectra are often taken to infer precipitation anomalies (as shaping the community structure within forests).

**Table 2.** Location, type, temporal coverage and reference of the climate proxy time series used in this study; the numbers in the table identify the position of proxy sites in the map (Fig. 1). Abbreviations: SS=sea surface, T=temperature, S=salinity, P=precipitation, LG=lithic grains, SSN=sun spot number, Lk=Lake, Cv=Cave.

No	Site	Proxy	Per	Reference	No	Site	Proxy	Per	Reference
1	NW Alaska	Mg/Ca T	0–11	Hu et al. 1998	2	NW Pacific	$\delta^{18}\text{O}$	0–12	Oba and Murayama 2004
3	Owens Lk, CA	$\delta^{18}\text{O}$	0–12	Benson et al. 2002	4	E California	P	0–8	Hughes and Graumlich 1996
5	W Canada	Density	0–8	Yu et al. 2003	6	S California	Moisture	0–7	Davis 1992
7	Moon Lk, ND	Salinity	0–11	Laird et al. 1996	8	Kimble, MN	Charcoal	0–12	Camill et al. 2003
9	Sharkey, MN	Charcoal	0–12	Camill et al. 2003	10	NC America	$\delta^{18}\text{O}$	0–9	Denniston et al. 1999
11	Cold Water Cv, IA	$\delta^{18}\text{O}$	0–8	Dorale et al. 1992	12	Guatemala	$\delta^{18}\text{O}$ (Cy)	0–8	Curtis et al. 1998
13	Guatemala	$\delta^{18}\text{O}$ (Co)	0–10	Curtis et al. 1998	14	Guatemala	$\delta^{18}\text{O}$ (Py)	0–10	Curtis et al. 1998
15	E Pacific	$\delta^{18}\text{O}$	2–12	Rosenthal et al. 2003	16	Yucatan	$\delta^{18}\text{O}$ (Ph)	0–8	Hodell et al. 1995
17	Yucatan	$\delta^{18}\text{O}$ (Py)	0–8	Hodell et al. 1995	18	Costa Rica	$\delta^{18}\text{O}$	5–9	Lachniet et al. 2004
19	E Canada	Charcoal	0–7	Carcaillet et al. 2001	20	Ecuador	ENSO	0–10	Moy et al. 2002
21	E Canada	Charcoal	0–8	Carcaillet et al. 2001	22	Ecuador	GSD	0–12	Rodbell et al. 1999
23	Huascaran, Peru	$\delta^{18}\text{O}$	0–12	Thompson et al. 2003a	24	Chile	$\delta^{18}\text{O}$	0–8	Lamy et al. 2002
25	Chilean Coast	SST	0–8	Lamy et al. 2001	26	Haiti	$\delta^{18}\text{O}$	0–10	Higuera-Gundy et al. 1999
27	New England	Storms	0–12	Noren et al. 2002a	28	Lk Titikaka	Level	0–4	Abbott et al. 1997
29	Sajama, Bolivia	Particles	0–12	Thompson et al. 2003a	30	Sajama, Bolivia	$\delta^{18}\text{O}$	0–12	Thompson et al. 2003a
31	Venezuela	$\delta^{18}\text{O}$	0–8	Curtis et al. 1999	32	NE Canada	GSD	4–9	Barber et al. 1999
33	W Antarctic	Inclination	1–9	Brachfeld et al. 2000	34	Cariaco Basin	GSD	0–12	Haug et al. 2001
35	Cariaco Basin	Titanium	0–12	Haug et al. 2001	36	Cariaco Basin	SST	0–12	Lea et al. 2003
37	Bermuda Rise	$\delta^{18}\text{O}$	1–10	Keigwin 1996	38	Botuvera Cv, Brasil	$\delta^{18}\text{O}$	0–12	Cruz et al. 2005
39	Greenland Ice	Be <sup>10</sup>	3–12	Finkel and Nishiizumi 1997	40	Greenland Ice	$\delta^{18}\text{O}$	0–10	Grotes and Stuiver 1997
41	Greenland Ice	SSN	0–11	Solanki et al. 2004	42	Greenland Ice	$\delta^{18}\text{C}$	0–12	Stuiver et al. 1998
43	W Atlantic	$\delta^{18}\text{O}$ (Tu)	0–11	Arz et al. 2001	44	W Atlantic	$\delta^{18}\text{O}$	0–11	Arz et al. 2001
45	Eq Atlantic	$\Delta\text{SST}$	0–12	Kim and Schneider 2003	46	N Atlantic	HSG	0–12	Gupta et al. 2003
47	N Atlantic	LG	1–12	Bond et al. 1997a	48	Trop Atlantic	$\delta^{18}\text{O}$	0–11	Knaack 1997
49	Trop Atlantic	SST	0–12	deMenocal et al. 2000a	50	N Atlantic	HSG	0–12	Bond et al. 2001a
51	Canary	$\delta^{18}\text{O}$	0–12	Freudenthal et al. 2002	52	Ireland	$\delta^{18}\text{O}$	0–10	McDermott 2004
53	NW Morocco	$\delta^{18}\text{O}$	5–9	Hodell et al. 2001a	54	SW Europe	$\Delta\text{T}$	0–12	Davis et al. 2003a
55	NW Europe	$\Delta\text{T}$	0–12	Davis et al. 2003a	56	S Atlantic	LG	0–10	Hodell et al. 2001b
57	Swiss Alps	T7	0–9	Wick et al. 2003a	58	Swiss Alps	P	0–9	Wick et al. 2003a
59	Swiss Alps	P	0–8	Wick et al. 2003a	60	C Italy	Mg/Ca T	1–7	Drysdale et al. 2006
61	Angola Basin	$\text{U}_{\text{ss}}^{\text{ss}}$ SST	0–12	Kim and Schneider 2003	62	C Italy	$\delta^{18}\text{O}$	1–7	Drysdale et al. 2006
63	S Germany	$\delta^{18}\text{O}$	0–12	von Grafenstein et al. 1998	64	Sahel	$\delta^{18}\text{O}$	0–12	Gasse 2002
65	N Atlantic	SST	1–12	Sarnthein et al. 2003a	66	N Norway	T	1–8	Husum and Hald 2004
67	Sweden	GSD	1–11	Rubensdotter and Rosqvist 2003	68	N Finland	T	1–8	Husum and Hald 2004
69	N Atlantic	GSD	1–12	Chapman et al. 2000	70	Marmara Sea	$\delta^{18}\text{O}$	0–12	Sperling et al. 2003
71	Marmara Sea	$\text{U}_{\text{ss}}^{\text{ss}}$ SST	0–12	Sperling et al. 2003	72	SE Africa	$\delta^{18}\text{O}$	0–10	Holmgren et al. 2003
73	Burundi	P	0–12	Bonnefille and Chalie 2000	74	Black Sea	Ti	1–12	Bahr et al. 2005
75	SE Europe	$\Delta\text{T}$	0–12	Davis et al. 2003a	76	Kola	$\delta^{18}\text{O}$	0–9	Jones et al. 2004
77	Lk Victoria	Diatoms	0–10	Stager et al. 2003	78	Lk Malawi	Si	0–12	Johnson et al. 2002
79	Lk Malawi	MAR	0–12	Johnson et al. 2002	80	SE Mediterranean	$\delta^{18}\text{O}$	0–4	Schilman et al. 2003
81	SE Mediterranean	$\delta^{18}\text{O}$	0–4	Schilman et al. 2003	82	Soreq Cv, Israel	$\delta^{18}\text{O}$	0–12	Bar-Matthews et al. 1999
83	Red Sea	$\delta^{18}\text{O}$	1–12	Seeberg-Elverfeldt et al. 2004	84	Lk Sim, Kenya	$\delta^{18}\text{O}$	1–10	Barker et al. 2001



Table 2. Continued.

No	Site	Proxy	Per	Reference	No	Site	Proxy	Per	Reference
85	Lk Hall, Kenia	$\delta^{18}\text{O}$	1–12	Barker et al. 2001	86	Kilimanjaro	$\delta^{18}\text{O}$	0–12	Thompson et al. 2002
87	Lk Abhe, Ethiopia	Level	0–10	Gasse 2000	88	Somalia	$\delta^{18}\text{O}$	0–10	Jung et al. 2004
89	Qunf Cv, Oman	$\delta^{18}\text{O}$	0–11	Fleitmann et al. 2007	90	Oman	$\delta^{18}\text{O}$	3–8	Fleitmann et al. 2003
91	Arabian Sea	$\delta^{18}\text{O}$	0–11	Gupta et al. 2003	92	Arabian Sea	SSTW	0–12	Schulz 1995
93	NE Arabian Sea	$\delta^{18}\text{O}$	0–12	Doose-Rolinski et al. 2001	94	NW Siberia	T7	0–4	Hantemirov and Shiyatov 2002
95	E Arabian Sea	$\delta^{18}\text{O}$	0–10	Sarkar et al. 2000	96	Lk Issyk-Kul, Kyrgyzstan	$\delta^{18}\text{O}$	3–9	Ricketts et al. 2001
97	Tibet	$\delta^{18}\text{O}$	0–12	Fontes et al. 1996	98	Dunde, China	$\delta^{18}\text{O}$	0–9	Jung et al. 2004
99	Komsomolskaia	$\delta^2\text{H}$	0–12	Masson et al. 2000	100	N Siberia	Pollen	0–11	Andreev et al. 2003
101	NW China	P (AC)	2–11	Herzschuh et al. 2004	102	NW China	P (Ef)	2–11	Herzschuh et al. 2004
103	Dongge Cv, China	$\delta^{18}\text{O}$	0–9	Wang et al. 2005	104	Vostok, Antarctica	$\delta^2\text{H}$	0–12	Petit et al. 1999
105	N China	Clay	0–10	Xiao et al. 2002	106	S China	Moisture	0–10	Liu et al. 2000a
107	Xiangshui Cv, China	$\delta^{18}\text{O}$	0–6	Zhang et al. 2004	108	S China Sea	$\delta^{18}\text{O}$	3–12	Kienast et al. 2001
109	N China	GSD	5–10	Jin et al. 2004	110	S China Sea	$\delta^{18}\text{O}$	0–12	Wang et al. 1999
111	Taiwan	LQI	2–12	Huang et al. 1997	112	S China Sea	SSS	0–9	Jung et al. 2004
113	S China Sea	$\delta^{18}\text{O}$	0–11	Wang et al. 1999	114	S China Sea	Silt	0–12	Wang et al. 1999
115	S China Sea	$\delta^{18}\text{O}$	0–12	Wang 1999	116	Dongge Cv, China	$\delta^{18}\text{O}$	0–12	Yuan et al. 2004
117	Sulu Sea	$\delta^{18}\text{O}$	4–12	Rosenthal et al. 2003	118	W Pacific	$\delta^{18}\text{O}$ (81)	0–12	Stott et al. 2004
119	E China Sea	SST	1–12	Sun et al. 2005	120	E China Sea	SST	0–11	Fengming et al. 2008
121	W Pacific	$\delta^{18}\text{O}$	0–12	Rosenthal et al. 2003	122	W Pacific	$\delta^{18}\text{O}$ (76)	0–12	Stott et al. 2004
123	NW Pacific	%Nitzschia	0–7	Shimada et al. 2004	124	NW Pacific	%Ozeanica	0–7	Shimada et al. 2004
125	S Australia	T	0–4	Cook et al. 2000	126	Tasmania	T	0–4	Cook et al. 2000
127	Tasmania	T	0–4	Cook et al. 2000	128	SW Australia	Particles	1–12	Stanley and Deckker 2002a
129	Taylor dome	$\delta^{18}\text{O}$	0–12	Groote et al. 1994	130	Taylor dome	$\delta^2\text{H}$	0–12	Steig et al. 1998

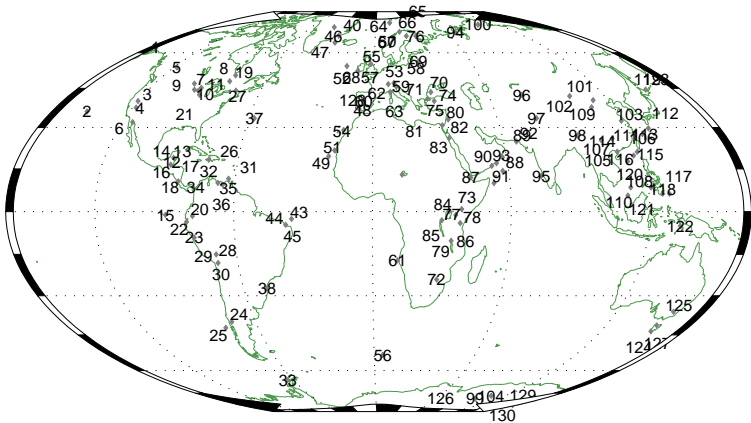
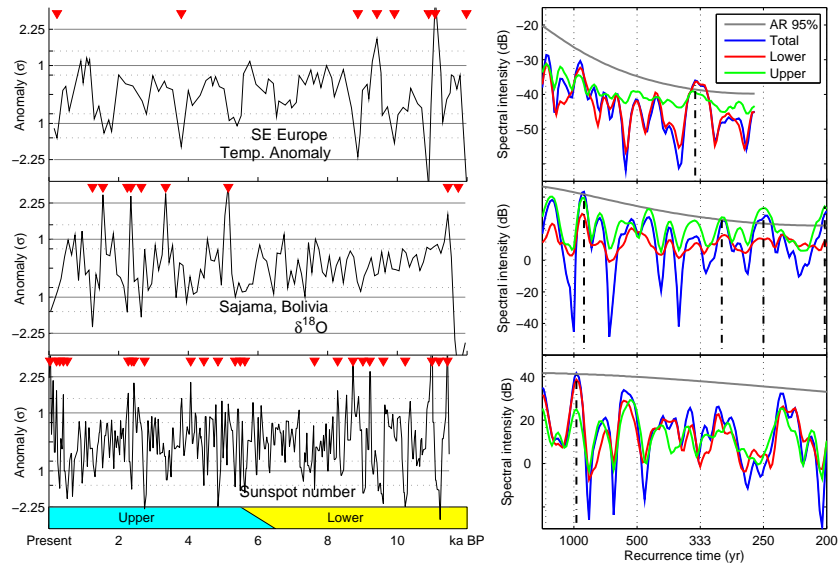
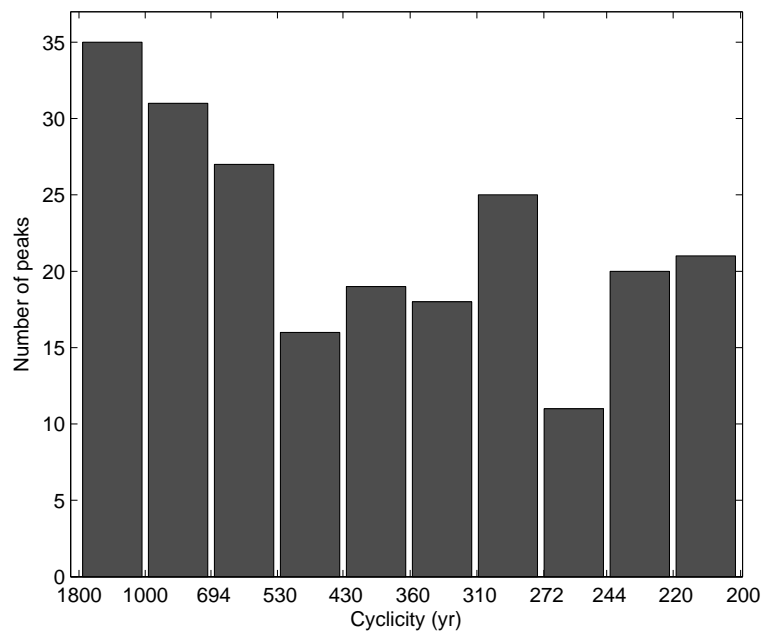


Fig. 1. Global distribution of high-resolution proxy time series used in this study. Numbers of the 130 records (109 sites) refer to Table 2.



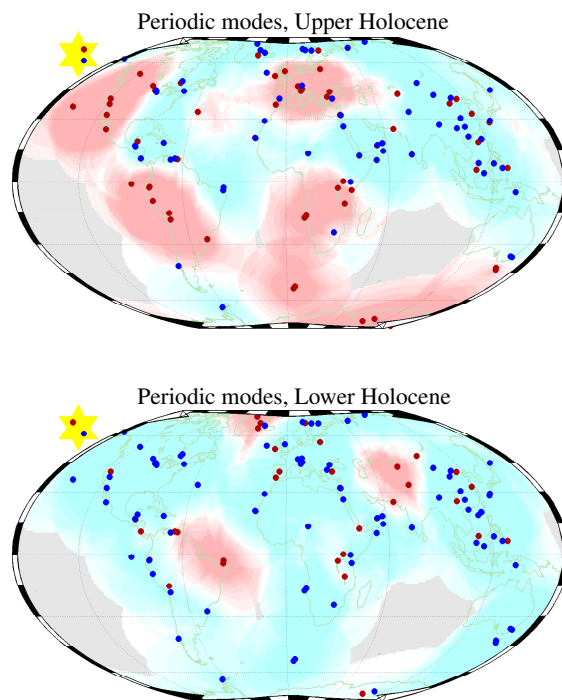
**Fig. 2.** Three selected records: Temperature reconstruction for Southeast Europe, (Davis et al., 2003b), isotopic oxygen at Sajama, Bolivia (Thompson et al., 2003b) and sunspot number from Greenland ice cores (?). Left: De-trended and normalized data. Non-cyclic events according our definition with  $p_a=1.5$  are marked with red triangles. Right: Spectral amplitudes after applying the Lomb-Scargle transformation (black: total record, red: bootstrapping of upper interval, thus indicating periodicity confined to the Lower Holocene, green: Upper Holocene spectrum). Dashed lines indicate significant frequencies.

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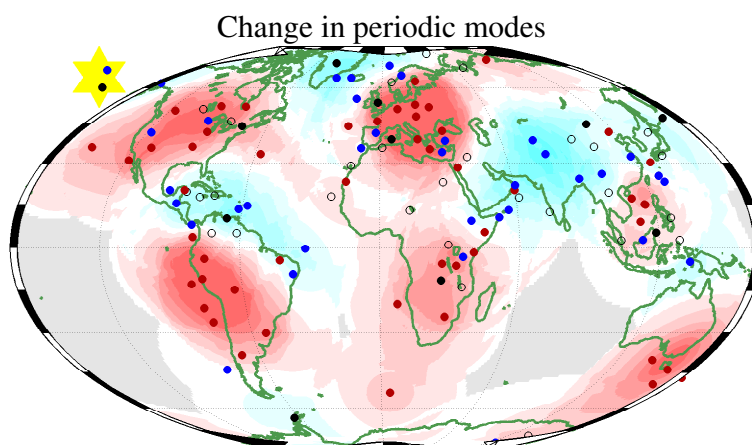
**Fig. 3.** Histogram of dominant modes in all 130 records.

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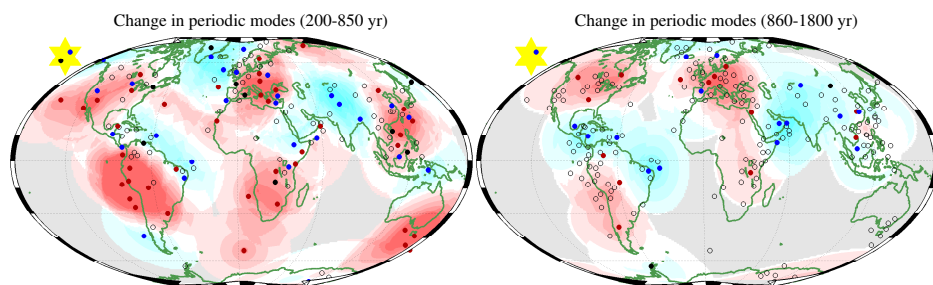
**Fig. 4.** Sites with significant periodicity (red, without: blue) in the Upper and Lower Holocene. For spatial extrapolation see Methods, results for proxies related to solar activity are displayed in the yellow polygon.

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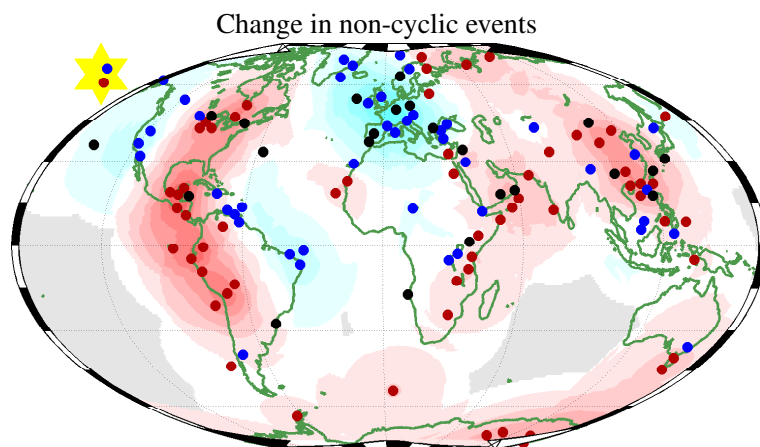
**Fig. 5.** Change in periodic fluctuations from the Lower to the Upper Holocene (positive change: red, negative: blue, no significance: empty circle, significant mode without change: filled black).

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**Fig. 6.** Change in periodic fluctuations from the Lower to the Upper Holocene separated according spectral interval (for symbols, see Fig. 5).

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**Fig. 7.** Negative and positive Mid-Holocene change in non-cyclic frequency (number of events per millennium). Red areas collect sites where non-cyclic frequency increased by more than  $0.1 \text{ events kyr}^{-1}$  more in the Upper compared to the Lower Holocene. In blue areas, anomaly frequency decreases by more than  $0.1 \text{ events kyr}^{-1}$ .

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